TIPS SHEET: Learning Activities During the Pandemic

ELEMENTARY, MIDDLE & HIGH SCHOOL PROGRAMS

· Please Pass the Love offers various resources and programs for vouth, families and schools, Find their list of current offerings on their website and Facebook page.

Pop Up Power Learning With Dr. Jennifer Ulie-Wells:

Days and times TBD

• Learn more.

Ways to Keep Your Mind Stiumlated

- Keep your brain occupied and challenged. Set aside time in your routine.
- Read books, magazines and articles. Listen to podcasts, watch films and do puzzles.
- Although some library branches are closed, some libraries have apps you can use online. These allow you to borrow eBooks, audiobooks or magazines from home for free, if you're a library member.
- <u>FutureLearn</u> and <u>OpenLearn</u> have free online courses you could try.
- There are lots of apps that can help you learn things, such as a • foreign language or other new skills.
- Learn more.

How to Support Home Learning in Elementary Grades

• Learn more.

Art For Kids

- · Most of these art lessons are self-contained, which means you can jump in and start drawing with us today. All you need is something to draw with — some paper and coloring supplies!
- Learn more.

Wells Fargo Arena Virtual Concerts: Held weekly on Mondays

- Featuring performances from local musicians on the Arean's Facebook and Instagram pages. Watch for new concerts every week, including The Dueling Fiddles.
- · Learn more.

Iowa Public Radio Concerts: eld weekly on Tuesdays

You can visit iowapublicradio.org to enjoy a concert from a local band or musician from the comfort of your home.

 You can find the full lineup for the rest of the month on IPR's Facebook page. Mark your calendars!

Des Moines Symphony's Live Concerts: Held weekly on Sundays

• A series of live-streamed recitals from the Des Moines Symphony musicians, performing live on the Symphony's Facebook page.

Virtual Vacations

- Plan now and travel later to these Midwest destinations!
- Learn more.

Science Virtual Resources and At-Home Activities

• The science learning team at the Science Center of lowa has been working from home, developing virtual resources to bring the learning and the fun of SCI to families who are adjusting to working and schooling from home. This series is called "Go Beyond with SCI."



- Supporting Educators: Virtual programming, classroom learning and professional development are being offered through online platforms in an effort to provide support to educators and their students.
- SCI Preschool: Our Preschool teachers and master teachers have developed some fun and creative ways to engage their students remotely, including at-home experiments, nature scavenger hunts and live read- alouds. They even held a drive-by parade so the teachers and students could see each other from a distance!
- Check SCI's Facebook, Instagram, YouTube and Twitter and at sciowa.org/athome

Wander From Home

- Find many different videos on various topics.
- Learn more.

Google and Artist Engagement

- Find resources and creative tips on how to engage artists during this time. Ideas such as Eating Breakfast with Van Gogh, DIY art you can try at home, etc.
- Learn more.

National Parks

• Each national park has a unique soundscape. The natural and cultural sounds in parks awaken



- a sense of wonder that connects us to the qualities that define these special places. From the haunting calls of bugling elk in mountains to the patriotic calls of bugling horns across a historic battlefield.
- NPS invites you to experience our parks through this world of sound.
- Learn more.



Find more tips and resources at DSMpartnership.com/workplacewellness





